

CTC Crevasse Rescue Packing List

Packing your bags

Pack your kit into 2 separate bags. A large backpack or duffle bag for the lodge, and a 35-60ltr pack for your training days out on the mountain.

Clothing for in the lodge

We suggest bringing some spare comfy clothes and a pair of lodge shoes for in the lodge during the evenings. A towel and toiletries for showers at the lodge, will help keep you feeling human too.

Note: your guide/instructor will need to sight some of your gear before heading up the mountain. Please place items listed in Red in an easily accessible place, these are safety critical items that you MUST have for the course.

Clothing

1 x Base layer/Thermal/Marino underwear top & bottom

2x Socks

1x Softshell pants & jacket (optional)

1x Down/synthetic jacket

1x Fleece or Marino Midlayer/jersey/jumper

1x Light gloves/thermal/merino gloves- for hot days

1-2x waterproof gloves

1x mitts/over-gloves (optional)

1-x Warm hat/beanie

1x Neck warmer/buff (optional)

1x Waterproof jacket

1x Waterproof pants

Other personal gear:

1x 1Ltr capacity of water bottle/s

1x Personal medications (if needed)

1x Bag/Pack -35-50Ltr (bigger is ok)

1x Notebook and pen (optional)

1x Pack liner/waterproof bags to keep stuff dry.

1x Sleeping Bag

1x Boots - Stiff sole & waterproof

1x Sunscreen & lip balm

1x Gators 1x Thermos (optional)

1x Head torch

1x walking pole/s (optional)

1x Sunglasses

1x Goggles (optional)

1x Sun hat

Alpine Gear (OENZ will supply if you don't have your own)

1x walking Axe

1x Ice hammer or tech tool with hammer

1x Crampons (e.g. Grivel G10/G12 style)

1x Helmet

1x Climbing harness

1x Belay device

1x Prussic set (1x short 1x Med 1x Large)

4x locking Carabiners

1x rescue pulley (e.g. Petzl Micro Traxion or similar)

1x Sling 120-240cms

1x Alpine rope 50-60 meters (one between 2 people)

1x Snow stake

1x Avalanche transceiver (must be digital/less than 10 yrs. old)

1x Probe

1x Snow shovel

* If you have any of your own climbing gear and avalanche gear we recommend using what you own/have access to. Training with the gear you will be using is always better than using our gear.