

CTC -Crevasse Rescue Course Outline

7:30am - Meet your group and Instructor/s at “Darfield Bakery” in Darfield, a small town 30 mins from Christchurch on SH73 (good food and good coffee).

Day 1 Overview

Today is all about learning how to rope up for glacier travel, practicing holding falls and transferring the weight onto a snow anchor (escaping the system).

08:30am - Arrive at Mt Broken River Ski area.

- Gear check & hand out OENZ supplied gear
- Transceiver checks
- Walk to suitable training area – (30mins-1 hr walk)

9:30

- **Rope-up for glacier travel**
- **Practice Holding and fall**
- **Snow anchors for crevasse rescue**

12:30 – Lunch

- Transferring the weight onto an anchor (escaping the system)
- Practice holding a fall, building a snow anchor transferring the weight on to the anchor
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4-5pm - back at the ski area carpark.

5:30-6pm - Arrive at the CTC lodge in Arthur’s Pass (45 mins from ski area carpark).

Evening

- Cook your dinner at the lodge or head down to the pub for food and a drink.

Day 2 Overview

Today our focus is on Moving around in crevassed terrain & building an assisted haul system (2:1 haul) and an un-assisted haul system (5:1 Haul system).

Location – Temple Basin or Broken river area depending on Snow & weather conditions on the day.

6:30-7am Breakfast (bring your own as nothing is open this early in Arthurs Pass)

7:30-8am – Pack and clean lodge, drive away

9-930am – Arrive at Broken River (45mins drive from lodge)/Temple Basin (45 mins walk-up)

- Rope-up for glacier travel
- Moving roped up on glaciated terrain
- Demonstration of crevasse rescue (assisted hoist)
- Practice crevasse rescue (assisted hoist 2:1 haul system)

12:30pm Lunch (along the way)

- Demonstration of crevasse rescue (un-assisted hoist/ 5:1 haul system)
- Practice un-assisted crevasse rescue

3:30-430pm – Back at vehicles, time to say goodbye

Note: from the ski area carpark it is approx. 1.5-2hrs back to Christchurch (we usually get back into Christchurch between 5:30-6:30pm)

**Please note that this is just a guide to how the course is normally run and your instructor may run the course in a different order to best fit in with local conditions and the abilities of the group.*