

CTC Pitching & Ridge Travel course outline

Overview

This course is designed to give you some skills and experience moving in steeper and more exposed terrain in the mountains when using a rope is required increase your margin of safety.

Accommodation

Friday

CTC club lodge in Arthurs Pass (club hut fees are not included in course cost)

Saturday

Temple Basin Lodge – Included in course cost

Food

Friday evening

- Dinner -Self catered

Saturday

- Breakfast, lunch & snacks – Self catered
- Dinner & desert – Provided by Temple Basin Lodge

Sunday

- Breakfast – Provided by Temple Basin Lodge
- Lunch & Snacks – Self catered

Gear & Equipment

Specialist gear is provided by OENZ if you don't have your own.

Friday evening

8:00pm – Meet at the CTC club hut in Arthurs Pass.

- Meet your instructors/s
- Gear Check/hand out gear.

Saturday

7:00am – Drive away from CTC hut,

7:15 - Drop extra gear at the Temple basin gear lift.

730 – 8:30ish walk up to Temple basin

9:00-9:30 – Move gear into Temple Basin Lodge

- **Recap Footwork skills**
 - Edging
 - Pigeon holing
 - Plunge
 - cutting steps (ice axe)
 - Cutting resting platforms
- **Recap Crampon techniques**
 - Flat footing
 - Front pointing
 - Mixed techniques
- **Climbing with two axes**
 - North Wall technique
 - Dagger technique
 - Piolet traction technique

12:30 – Lunch (on the go)

- **introduction Snow anchors**
 - Top clip
 - Mid clip
 - T-Slot
 - Snow pig
 - Snow bollards

- **Pitching (climbing steep terrain using a rope)**

This afternoon we will have a go at pitching a steep snow slope or gully.

5:00-6pm - Arrive back at the lodge.

6:30 – Dinner is served

Sunday

Today's aim is to consolidate some of the new skills that you have already picked up and gain some new skills and experience moving along an exposed ridge using the rope to increase your safety.

6:30-7:30am Breakfast

7:30-8am – pack-up and drop excess gear down to the gear lift.

8:30 – Walk away from lodge

Plan A. -if weather and conditions allow.

Walk up to the top of Temple Basin Ski area (Upper Bills Basin), Pitch up the snow slopes to the summit of Mt Blimit and traverse the ridge to Mt Cassidy. Descend down the NW ridge and back to the Lodge.

This is an achievable trip that incorporates a lot of different rope work skills.

4:00-4:30pm – Back at vehicles, time to say goodbye

Note: from the ski area carpark it is approx. 2hrs back to Christchurch (we usually get back into Christchurch between 6:00-6:30pm)

**Please note that this is just a guide to how the course normally runs and your instructor may run the course in a different order to best fit in with local conditions and the abilities of the group.*