

## **OENZ COURSE OUTLINE**

## Bush craft, Navigation (1day) & Navigation, Survival bush craft (2 Days)

**8:00am - Meet your group and Instructor/s** at Darfield Bakery in the Darfield on west coast road/State high way 73. Darfield is a small town approx. 30 mins from Christchurch city.

## 9:00am - Arrive at Craigieburn Forest Park location.

- Packing and selecting good outdoor clothing & equipment
- Gear check
- Introduction to NZ topo 50 maps
  - Colours and symbols
  - Scale and distance
  - 6 figure Grid references
  - Identifying features (Valleys, Spurs, Gullies, Ridges, High points, Saddles)
- Orientating a map using features & using a compass
- Using a GPS
- Have a go at getting from one place to the next without getting lost.

## 12:30 – Lunch

- Estimating time and distance
- Route planning (off track)
- Navigation legs, this is where it all starts to come together.
  - Lead the group to a given destination, estimating the distance and time required to complete.
  - When you're not leading, your challenge is to follow along on your map and pick the destination once we arrive.
  - Resections/triangulations (using your compass to identify where you are on the map)

**3:30pm - We say good bye to our 1 day course participants** (you will be dropped back at your vehicles)





## 4:30pm - Arrive at our overnight campsite.

- Build emergency shelters/bivvy's
- Emergency/back country communications
- Camp craft (Pitching tents, camp location etc)

## 6:30pm - Dinner

## <u>Day 2</u>

### 8:00am Breakfast

• Pack up camp

## 9:30am

- Water collecting and avoiding water born bacteria (filters, tablets etc)
- Fire lighting

#### 11:00am - Leave camp area

• Navigation in thick bush or white out conditions (Map:Field Bearings)

#### 12:30pm

- Navigation legs, another chance to consolidate your nav skills
- Emergency scenarios –what to do when things go wrong

# 3:30-4pm – Back at vehicles, time to say good bye (finish location is 1.5-2hrs from Christchurch)

\*Please note that this is just a guide to how the course normally run and your instructor may run the course in a different order to best fit in with local conditions and the abilities or the group.

