

2-day Trad course Gear list

Clothing

- Clothing should be comfortable long pants/shorts/tights (avoid restrictive clothing such as denim)
- For cold weather we recommend polypro/merino base layers
- Fleece or woolen jumper
- Rain jacket
- Running shoes/closed toe shoes required for accessing climbing area
- Warm hat/sunhat

Note: Most of the climbing locations are on the top of the Port Hills, the weather can be quite different to the weather in town. It can be very hot and very cold please bring along suitable clothing for all weather conditions even if it looks like a fine day.

General Equipment

- Day pack
- 2x Drink bottle 1 ltrs
- Snacks and lunch
- Sunscreen
- Camera
- Personal medications for the day if needed

Climbing Gear

If you have any of the following gear please bring it along. We have all of the gear listed below available for you to borrow/use for the duration of the course.

- Harness
- Helmet
- Climbing shoes
- Chalk bag (optional)
- Belay device and locking carabiner
- Prussic
- P.A.S (Personal Anchor System)
- Trad gear (Cams, Hex's, Nuts/wires)

If you have your some of your own Trad gear or can borrow some off a friend that you plan on climbing with, please bring it along. It is a good idea to get familiar with gear that you own or might end up climbing on.