

OENZ COURSE OUTLINE

Sea Kayak Consolidation Course

Day 1

8:30am – Meet your group and Instructor/s opposite Princess Margaret Hospital in Cashmere on Cashmere road. Sumner is a small suburb approx. 10 mins from Christchurch city centre, close to the Port Hills.

9:45am – Arrive at Duvauchelle

- Fit out kayaks
- Hand out group equipment
- Pack day gear into kayaks

10:30am – Put on the water

Trip plan overview: Paddling around the Akaroa Inner Harbour, the focus will be on revisiting paddle/ rescue skills and refining them.

12:00pm – Lunch

Lunch will be off the water at a suitable beach.

4:30pm – Off water at the latest

- Drive to camp
- Recap of the day

6:30pm – Dinner

Day 2

8:00am – Breakfast

- Pack up camp
- Drive to Wainui

9:00am – Arrive at Wainui

- Unload kayaks
- Pack kayaks with day gear
- Route plan

9:30am – Put on water

Trip plan overview: Today's aim is to paddle the shoreline on the Eastern side of Akaroa Harbour out to the sea caves near Matt Wight Bay, and possibly further out towards the Akaroa Harbour entrance if time allows. This day is all about putting some miles under your belt with any coaching on your paddling style as needed.

12:00pm – Lunch

3:00pm – Off water

- Empty kayaks & pack kayak trailer

3:45 – Depart Wainui

It's a 1.25-hour drive back to Christchurch. Arriving at 5pm in Cashmere.

**Please note that this is just a guide to how the course normally runs and your instructor may choose to run your course in a different order to fit in with local conditions and the abilities of the group.*