

# OENZ COURSE OUTLINE

## *Sea Kayak Consolidation Course*

### **Day 1**

**8:30am – Meet your group and Instructor/s** at Sumner Lifeboat Station in Sumner on Scarborough road/State high way 73. Sumner is a small suburb approx. 15 mins from Christchurch city.

#### **8:45am – Pack kayaks**

- Fit out kayaks
- Hand out group equipment
- Pack overnight gear into kayaks
- Route plans and group dynamics

#### **10:30am – Put on the water**

*Trip plan overview: Start at Sumner Lifeboat Station and paddle East to Little Port Cooper, passing Sumner Head, Taylors Mistake, Godley Head and crossing Lyttelton Harbour Entrance. Camping at Little Port Cooper.*

#### **12:00pm – Lunch**

Lunch will be off the water and possible the first stop of the day.

#### **5:00pm – Off water** at the latest

- Set up camp
- Recap of the day

#### **6:30pm – Dinner**

## **Day 2**

### **8:00am – Breakfast**

- Pack up camp
- Route plans and group dynamics
- Pack kayaks

### **9:30am – Depart camp**

*Trip plan overview: Start from Little Port Cooper, paddle East rounding Adderley Head, possibility to cross Port Levy to Baleine Point and around to Beacon Rock and the next bays for morning tea. Paddle into Port Levy for pick up and transport back to Sumner.*

### **12:00pm – Lunch**

### **3:00pm – Off water**

- Empty kayaks & pack kayak trailer

### **4:00 – Depart Port Levy**

It's a 1-hour drive back to Sumner. Arriving at 5pm in Sumner.

*\*Please note that this is just a guide to how the course normally runs and your instructor may choose to run your course in a different order to fit in with local conditions and the abilities or the group.*