

5-day Trad Climbing packing list

5-day expedition- Mt Somers, Pinnacles Hut

Clothing

-
- 1x Boots or sturdy shoes
- 2-3 x Socks
- 1x Waterproof jacket
- 1x Base Layer bottoms (polypro or wool)
- 1x Base Layer top (polypro or wool)
- Down/Synthetic jacket (optional)
- 1x Beanie
- 4 x underwear
- 3x Shirts (not cotton)
- 2x pant/shorts (not cotton)
- 1 x Jumper (fleece or wool)
- Swimming togs (optional)

Other

- 1X Tramping Pack with liner (50-70ltr)
- 1x Sunglasses & Sunhat
- 1x Sunscreen & Chapstick (small tube)
- 1x Torch/Head torch
- 1x Toilet paper + Sanitizer
- 1x Small personal first aid (plasters, blister stuff)
- 1x Personal Medications (if needed)
- 2x 1 ltr drink bottle/ 2 ltr bladder
- 1x Spoon/spork/knife/Bowl
- 1x Sleeping Bag
- 1x Toothbrush/tooth paste
- 1x Notebook and pencil (optional)
- 1x Walking poles (optional)

Cooking Equipment

- Cooker
- Pot
- Gas
-

Food

- 4x Lunch (food that does not need to be cooked)
- 3x Dinner
- 4x Breakfast (can be a cooked meal)
- 1x Snacks for 5 days

Note: Please do not bring /pack any cotton items for in the field as these are not suitable for this course.

P.T.O -Packing list continued on following page

Climbing Gear for the 5 days at Mt Somers (days 3-7)

If you have any of the following gear, please bring it along. If you don't have your own climbing gear we have all of the gear listed below available for you to borrow for the duration of the course.

Personal climbing gear

- 1x Harness
- 1x Helmet
- 1x Climbing shoes
- 1x Chalk bag
- 1x Belay device – e.g. ATC guide or Petzal Reverso
- 5x locking carabiners- 2x small D-shape & 3x HMS/pear shape (including the bina for your belay device and personal anchor)
- 1x Slings 120cm
- 3x Prussic (long prussic, medium prussic, short prussic)
- 1x P.A.S (Personal Anchor System)

Group climbing gear (We will be in touch a couple of weeks before your course to organize gear and logistics. Its great to use your own gear however we don't need everyone to bring along a whole trad rack & we don't really want to leave excess personal gear left in a vehicle)

- Ropes & rope bags
- Quick draws
- Extra Slings
- Extra carabiners
- Trad rack/s (nuts, cams, hexes etc..)

Please allow some space n your pack to carry in some of the group gear such as a climbing rope, some trad gear & some carabiners

Accommodation – Pinnacles Hut, Mt Somers

Your stay at Pinnacles Hut, Mt Somers is included in the course costs. Pinnacles hut is a standard DOC hut. It has one open space that includes a common space with a fire, tables, and stools & fresh running water. The hut sleeps approx. 20 people, and your bunk will be booked in advance by the OENZ team.

Sometimes the hut can be busy, especially in school holidays. We will book you a bunk regardless, but some people may prefer to camp/tent instead. We can supply all camping including tents and if you would prefer to camp rather than stay in the Hut. If you choose to camp you will still have access to the hut common area for cooking and socialising and use of toilets.

You can find out more information about Pinnacles Hut on the doc website by following this link – <https://www.doc.govt.nz/parks-and-recreation/places-to-go/canterbury/places/mount-somers-area/things-to-do/huts/pinnacles-hut/>



Pinnacles Hut



Inside Pinnacles Hut



Climbing on Orange Wall