

OENZ COURSE OUTLINE

5-day trad climbing course outline

Day 1

If you are being picked up directly from your accommodation your instructor will collect you between 7:30 – 8:00 am. Exact pick-up times will be confirmed in the week leading up to your course.

Meet your instructor/Group at one of the following locations:

- Cashmere Road, Cashmere- Opposite Princess Margaret Hospital ([See on google maps](#)) at 7:30 am
- Salmon Tales Café, Rakaia. Approx. 1hr from Christchurch ([See on google maps](#)) at 9:00 am

10- 10:30 am - Arrive at Sharplin Falls carpark, Mt Somers

It takes most groups 2-3 hours to walk into Pinnacles Hut. The well-formed track starts by climbing a steep hill through native bush before descending down to the river and over a swing bridge. Leaving the river, the track climbs out of the valley before breaking out of the bush just 10 mins from the Hut. The climbing crags are just 10-30 mins from the hut so it's a fantastic hut to base for the week.

More information about the walk into Woolshed Hut and surrounding area can be found on the DOC website. <https://www.doc.govt.nz/parks-and-recreation/places-to-go/canterbury/places/mount-somers-area/things-to-do/huts/pinnacles-hut/>

12:30 – 1:00 pm – Arrive at Woolshed Pinnacles Hut

Time to move into the hut & have lunch

Please note- Your accommodation at woolshed hut is included in your course fees. You do not need to book the hut or pay any extra hut fees. Camping gear is available if you would prefer to tent.

1:30 – Afternoon climbing

Today's focus:

- This afternoon is about getting accustomed to the style of climbing at Mt Somers
- Buddy checks/belaying/climbing skills
- Establishing climbing calls for the course
- Demonstrate Lowering off/cleaning a climb if you already have these skills

4:00pm – Pack-up crag

4:30 pm walk back to Hut

5:00 pm – Arrive back at the hut

Evenings are free time that you can choose to spend any way you like. There are swimming holes and walking track to explore around the area.

Day 2

Today's focus:

- Placing trad gear
- Building trad anchors
- Trad anchors for top rope climbing
- Self-equalising anchors
- Single pitch trad climbing.

8:30am – Morning briefing/plan for the day

9:00am – Leave Hut

12:30 – Lunch (at crag)

4:00 pm – Pack up crag

5:00 pm – Back at hut

Evening- Free time

Day 3

Today's focus:

- Multi-pitch trad climbing
- Multi-pitch abseiling

8:30am – Morning briefing/plan for the day

9:00am – Leave Hut

12:30 – Lunch (at crag)

4:00 pm – Pack up crag

5:00 pm – Back at hut

Evening- Free time

Day 4

Today's focus:

- **Tying off a belay device**
- **Prussic up a rope (self-rescue)**
- **Escaping the system**
- **Lowering an injured climber**
- **Haul Systems**
 - **Drop loop/2:1 assisted rescue**
 - **Z-drag/ 6:1 unassisted rescue**
- **Multi-pitch abseil descent with an injured climber**

8:30am – Morning briefing/plan for the day

9:00am – Leave Hut

12:30 – Lunch (at crag)

4:00 pm – Pack up crag

5:00 pm – Back at hut

Evening- Free time

Day 5

Today's focus:

- Recap any skills desired by group
- Final climbs

8:00am – Morning briefing/plan for the day

8:30am – Leave Hut

11:00 pm – Pack up crag

12:00 – Lunch back at the hut

12:30 pm -Pack up gear and clean hut

1:00 pm - Walking away from hut

3-3:30 pm- Arrive at carpark

5:30-6:00 pm – Arrive back in Christchurch

**Please note that this is just a guide to how the course normally run and your instructor may run the course in a different order to best fit in with local conditions and the abilities or the group.*