

Gear list – Bush craft & Navigation (2 Day)

Things to wear or put into your pack for overnight camping

- Tramping pack 50-60 L (bigger is ok)
- Pack liner or dry bags to keep stuff dry
- Tent
- 1x Sleeping Bag
- 1x Sleeping Mat
- 1x Boots or sturdy shoes
- 1x Gators (optional)
- 1x Waterproof pants (optional)
- 1x Waterproof jacket
- 2x Socks
- 1x Base Layers top and bottoms (polypro or wool)
- 2x underwear
- 2x Shirts (Not cotton)
- 1x pant/shorts (not cotton)
- 1x jumper (fleece or wool)
- Down/Synthetic jacket (optional)
- 1x Sunglasses, Sunhat & Beanie
- 1x Sunscreen (small tube)
- 1x Torch/Head torch
- 1x Toilet paper + Sanitizer
- 1x Personal first aid (just plasters for blisters etc)
- 1x Personal Medications (if needed)
- 1x Drink bottle (1ltr min)
- 1x Spoon/spork/knife/Bowl
- 1x Cooker & gas
- Cooking pot
- 1x Toothbrush/toothpaste
- 1x Notebook and pencil
- 1x Walking pole
- 1x Compass

Note: Please do not bring /pack any cotton items as these are not suitable for this course.

Food

2x Lunch (food that does not need to be cooked)

1x Dinner (a hot meal)

1x Breakfast (can be a cooked meal)

Snacks for 2 days

**If you do not have some of the gear in the list above, then get in touch with us as we have some equipment for hire.*