

# Gear list – Navigation, Bushcraft & River Crossing Course

## (3 Day)

### Things to wear or put into your pack for overnight camping (Day 1&2)

- Tramping pack 50-60 L (bigger is ok)
- Pack liner or dry bags to keep stuff dry
- Tent
- 1x Sleeping Bag
- 1x Sleeping Mat
- 1x Boots or sturdy shoes
- 1x Gators (optional)
- 1x Waterproof pants (optional)
- 1x Waterproof jacket
- 2x Socks
- 1x Base Layers top and bottoms (polypro or wool)
- 2x underwear
- 2x Shirts (Not cotton)
- 1x pant/shorts (not cotton)
- 1x jumper (fleece or wool)
- Down/Synthetic jacket (optional)
- 1x Sunglasses, Sunhat & Beanie
- 1x Sunscreen (small tube)
- 1x Torch/Head torch
- 1x Toilet paper + Sanitizer
- 1x Personal first aid (just plasters for blisters etc)
- 1x Personal Medications (if needed)
- 1x Drink bottle/bladder (1-2 ltr min)
- 1x Spoon/spork/knife/Bowl
- 1x Cooker & gas
- Cooking pot
- 1x Toothbrush/toothpaste
- 1x Notebook and pencil
- 1x Walking pole
- 1x Compass

Note: Please do not bring /pack any cotton items as these are not suitable for this course.

*\*If you do not have some of the gear in the list above, then get in touch with us as we have some equipment for hire.*

### Food for overnight camping

2x Lunch (food that does not need to be cooked)

1x Dinner (a hot meal)

1x Breakfast (can be a cooked meal)

Snacks for 2 days

*\*Note: While we are out camping, a chilly bin will be available to you on arrival for any food you have for the second night and third day in Arthurs Pass.*

## **Second night accommodation**

Second night accommodation will be a lodge in Arthurs Pass village, which has a full kitchen, common room/living room, hot showers, and bunkrooms.

There are a few local pubs in the area if you wish to eat out on the last night. Wobble kea and Bealey Hotel.

\*Note: The Wobbly kea closes its kitchen at 6pm

\*Please note that dietary requirements can't always be met at the pub (the Wobbly Kea) so please check their menu online)

## **Stuff for at the Lodge (Packed in a separate and bag left in car days 1&2)**

- Sleeping bag
- pillow
- Change of clothes
- Towel
- 1x breakfast
- 1x lunch
- 1x dinner (option to eat at the local pub)
- Snacks

## **Things you need for river crossing day (last day)**

- Clothes for getting wet in (no cotton)
- Rain jacket to keep off wind chill
- Closed toe shoes for getting wet
- Snacks and water

### **For after getting wet**

- Spare change of clothes
- Towel
- Dry shoes (for after)

\*We will have all our gear with us in the vehicles on the river, as we will travel back to Christchurch from there.