7 -day Sea Kayak Expedition Course Gear List

Paddling clothing and equipment (Worn and packed in dry bags in your kayak) Days 1-7

- Water shoes/Sandals/Booties (Shoes that can get wet)
- Splash jacket (A rain jacket works just fine for this)
- Thermal Base Layers (Top and bottoms) *Adrenalin 2P Thermals are the best for paddling.
- Warm layer (Fleece/synthetic jumper) that can get wet
- Board shorts or quick dry shorts
- Warm top/jacket (down, synthetic or wool jackets, kept in dry bag)
- Wetsuit (for rescue training) *
- Sun Hat/Beanie/Sunscreen/lip balm
- Dry bag/s
- Water bottle (1-2 Litres)
- Sunglasses (with cord or Croakies)
- Extra snacks & lunch
- Thermos with a hot drink/soup (if you have one)
- Small waterproof notebook (not essential, but some may find taking notes useful)

For end of the day (Can be left in the vehicle)

- Warm dry clothes to change into at the end of the day
- Towel

*A wet suit is highly recommended and will make rescue training more enjoyable as you will get wet multiple times, if you don't own one, they can be hired from Exit Surf in Ferrymead for approx... $20.00 per day (but individuals will need to organise for themselves.)

Please note: Togs keep you quite cold when in a sea kayak, so we don't recommend wearing togs/rash vests while on/in the water.

You will only require one set of thermals and fleece each day; we have suggested the total amount above that you may like to have for the whole course. You can use the same pair each day.

Separate equipment for accommodation & overnight camp

- Sleeping bag & pillow
- Towel & toiletries, face mask & hand sanitiser
- Head torch
- Hut clothes (something comfortable and warm)
- Bedroll mat for overnight camp (OENZ can supply if you don't have one)

- Camp cutlery and utensils: 1x fork/spoon, bowl, mug.
- Tent (OENZ can supply if you don't have one)
- Cooker and gas

(Note: OENZ can supply tents, foam bedroll, cookers, and gas for the overnight on Quail Island)

Equipment provided by OENZ (unless you can provide your own)

- Single sea kayaks (double sea kayaks on request)
- Paddle
- PFD
- Spray skirt
- Bilge pump
- Paddle float

We have a limited supply of dry bags available to borrow

Accommodation:

Night 1: Option of tenting or staying in Otamahua Hut on Quail Island.

Nights 2, 3, 4 & 5: Shared cabin/house accommodation on Banks Peninsula.

Night 6: Expedition camp out.

Food: Kitchen facilities at the accommodation are shared and include fridges and ovens.

- 7 x Lunch
- 6 x Breakfast
- 7 days of Snacks
- Tea, Coffee, etc. (OENZ supplies basic tea and coffee)
- 6 x dinners (2 x easy to make dinner as a possible overnight expedition is an option).

Note: Accommodation varies in terms of food supply, there is no shop onsite with the accommodation. A van is available for you to access the Governors Bay pub 5 minutes' drive away and Akaroa has a township 10 minutes away from accommodation, with small supermarket, restaurants, and bars. Please note that dietary requirements cannot always be met so please check menus online.

The goal is to camp out on the final night; however, this is dependent on the weather, sea state, and group ability. The instructor on the day will make the decision on whether the conditions are suitable for the expedition to run. Therefore, the expedition is an option not a guarantee.