

My Current Experience

OENZ Rock Climbing Courses

Recommended Consolidation Trips & Further Training

Outcomes

Limited experience or completed 2-day OENZ Rock Course

- No experience
- Indoor climber (top rope)
- Climbed with friends

2-day Rock Climbing Course (Sport Climbing)

5-day Rock Climbing Course (Sport Climbing)

Completed OENZ 2 or 5-day rock course

Or

- Can lead Belay
- Can lead climb NZ grade 15
- can clean a climb (lower off)
- Can abseil (single pitch)

Completed OENZ 2-day Trad course

Or

- Can climb NZ grade 15
- Some trad experience
- Have placed cams, nuts and hex's on lead

2-day Trad Climbing Course

Sport Climbing Consolidation Trip

- Multi pitch sport climbing at Sebastopol's bluffs, Mt Cook

Trad Climbing Consolidation Trip

- Multi Pitch Trad Climbing at Sebastopol's bluffs, Mt Cook

Summer Alpine Rock Climbing

- Scrambling & multi pitch rock climbing in Arthurs Pass

OENZ Alpine Courses

- See alpine courses flow chart for more details...

Single Pitch Sport Climbing

- Paynes Ford, Takaka
- Port Hills, Christchurch
- Wanaka
- Kawakawa Bay, Taupo

Multi Pitch Sport Climbing

- Sebastopol's bluffs, Mt Cook
- Mt Somers (woolshed creek)
- Lake Alter, Queenstown

Trad Single Pitch Climbing

- Rapaki Rock, Christchurch
- Ti Point, Auckland
- Otepatatou, Akaroa

Trad Multi Pitch Climbing

- Mt Somers, Pinnacles Hut
- Karankawa Bay, Taupo
- Summer Alpine Rock climbing

Alpine Climbing

- Mt Aspiring
- Mt Cook