

My Current Experience

OENZ Sea Kayaking Courses

Recommended Consolidation Trips & Further Training

Outcomes

Limited Experience

- No experience
- Have some guided sea kayak experience
- Not sure how to perform rescues (getting back into boat)

OENZ 2-day Sea Kayak Course

Personal Consolidation Trip

- Practice rescues with a friend

Sheltered Water Paddling

- Lakes
- Lyttelton Harbour
- Auckland Harbour
- Wellington Harbour

Completed OENZ 2-Day Sea Kayak Course

Or

- Can perform assisted & unassisted rescues
- Can perform forward, back and sweep paddle & strokes

OENZ 4-day Sea Kayak Course

Personal Consolidation Trip

- Short trips with sections of briefly exposed coast on a calm day.

Outer Harbour

- Rangitoto Island
- Banks Peninsula day trips
- Abel Tasman
- Bay of Islands

Completed OENZ 4-day Sea Kayak course

Or

- Can preform assisted and unassisted rescues in moving water
- Can edge turn & ferry glide
- Can preform effective sweep, low brace & stern rudder paddle strokes

OENZ 5-day Expedition Sea Kayak Course

OENZ Bushcraft & Navigation Course (Map/chart reading & Navigation skills)

- See bush flow chart for more details...

Expedition Sea Kayaking

- Multi day camping trips
- Surf landings
- Banks Peninsula
- D'Urville Island
- Stewart Island

NZ Coastguard

- VHF radio certificate (online)
- Day skippers (online course)