

Gear List– Wader Training

Clothing:

- 1x Polypro top (minimum 1) for under waders if cold day
- 1 x quick dry shorts
- 1x Fleece or woollen Jumper
- 1x Waterproof/windproof Jacket
- 1x warm hat & sun hat
- 1x Sunglasses
- 1x Spare set of warm clothing to get changed into at end of session

Personal Equipment:

- 1x Sunscreen & lip balm with SPF protection
- Personal medication
- 1x Drink bottle
- Personal/work waders
- Snacks & lunch
- 1x Towel

Group Equipment

- PFD's/ Life jackets if used
- Waders
- Any mandatory equipment you must use/have on you for in the field i.e. first aid, throw bags etc.
- Any relevant equipment that you would like additional training to use.

Note: Please do not bring /pack any cotton items as these are not suitable for this course.

OENZ will supply: First aid kits, throw bags, spare warm clothing